

A GUIDE TO AN UNHURRIED LIFE

BY REBECCA HAMLIN

BREAKING! GOD IS BIGGER THAN OUR NEEDS, OUR POLITICS, OUR COUNTRY. HE IS EVEN BIGGER THAN OUR WORRIES, OUR PREFERENCES OUR DISSAPOINTMENTS AND FAILURES. LIVE FOR SOMETHING BIGGER! DAILY LIVE A KINGDOM FIRST LIFE!

How do we truly become people that follow the way of Jesus? A critical path to living for the kingdom first is to live at a slower pace with a priority of waiting on God and doing the will of God. I want to give you two simple practices... simple but not easy; two rhythms that have the power to break the addiction to the urgent in our lives.

**The kingdom of God
is a slower pace
that allows him space.**

[I. SILENCE]

Charles Hummel, the author of *The Tyranny of the Urgent*, says,

“

Prayerful waiting on God is indispensable to effective service. In prayer, we learn the truth about God, ourselves, and the tasks He wants us to undertake.

”

Jesus' prayerful waiting on God's instruction freed him from the urgent. It gave Him a sense of direction, set a steady pace, and gave Him the satisfaction that He had completed the work God had assigned Him.

One way to practice 'waiting on God' is through a regular practice of silence, where we invite Him to speak to us.

- Commit to trying this for **10-20 minutes a day**.
- A kingdom first life is an **unhurried pace** and an **unhurried heart**.
- Silence helps us move toward this unhurried life, **making room for the King's agenda** to replace our personal agendas.

[2. PRAYING THROUGHOUT THE DAY]

A kingdom first life is a life of dependence, and we do that by inviting God's influence in our lives and through our lives - daily.

Take a few minutes to do that now and throughout your day as you reflect on the following questions:

- What meetings do you have today?
- Who will you interact with?
- What might God want to say to you about your work? Your family?
- What might God want to say or do through you to/for others?

Developing these rhythms will not only bring you closer to Jesus but will allow the Holy Spirit to have a deeper influence in your life so you can impact the Kingdom in greater ways.

Additional Resources

The Ruthless Elimination of Hurry

by John Mark Comer

Every Moment Holy

by Douglas McKelvey

**BIGGER
THAN**